




AyurVersity Holistic Health Expo – Event Schedule

 SoHo63, Downtown Chandler,  Saturday, June 7, 2025,  10:00 AM – 2:00 PM

Event Schedule: 10:00 AM – 2:00 PM

10:00–10:10 AM

Opening Welcome (Host: Kimberly)

-- Introduce MC: Debbie, Ms. Senior AZ 2025 3rd Runner-Up

10:10–11:00 AM

Vendor & Participant Introductions (MC: Debbie)

11:00–11:45 AM

Speaker Sessions Begin

- Main Room:

- 11:00 AM – Sherida Brimhall
- 11:30 AM – Dr. Sara Becker

- Quiet Room:

- 11:00 AM – Children’s Yoga with Ms. Porsha Hunter

- Youth Room:

- 11:10 AM–2:00 PM – Teen Games & Youth Activities

11:45 AM–12:30 PM

Lunch Break + Open Exploration

- Enjoy lunch, visit vendors, and relax

12:30–1:30 PM

Afternoon Sessions

- Main Room:

- 12:30 PM – Dr. Mark Anderson (Amen Clinics)
- 12:50 PM – Dr. Janine Crifasi

- Quiet Room:

- 12:15 PM – Sound Bath Session 1 (Shanta)
- 1:15 PM – Sound Bath Session 2 (Shanta)

- All Areas:

- Open Exploration & Final Vendor Visits

1:45–2:00 PM

Closing & Raffle (Host: Kimberly)

- Thank you’s, - Raffle drawings, - Final reflections and breath, - Stay connected with AyurVersity